

# Improvisational Theatre

as a pathway towards personal and social transformation,  
*value exploration and the creation of authentic  
inter-personal connection.*

## A dynamic experiential workshop with Hector Aristizabal

This workshop will reawaken our imaginative capacities using the tools of the Theater of the Oppressed, developed by Brazilian dramatic activist Augusto Boal. We will be using traditional storytelling, drumming, improvisational drama and creative ritual, to explore our personal stories and myths while connecting with socio-political realities that affect our choices and actions. Through play we will cultivate and explore the relevancy of our stories in our community and in the world.

## February 7th and 8th, 2009 10 am-6 pm

At Los Angeles Area Veterans' Artists Alliance (LAVAA)

10858 Culver Blvd. Culver City, CA. 90230 (2 blocks West of Overland)

Cost \$125.00 Space is limited. To reserve your space by email or phone send a \$50 deposit to: 1122 Marco Pl. Venice CA. 90291 Make checks out to Fred Kahane, noting the workshop. Those with financial hardships please contact one of the organizers, Fred Kahane (310) 396 1325, Deborah Raoult (310) 625 3739. Any additional proceeds above the organizing costs will be donated to Sojourn, a safe house for victims of domestic abuse. Please bring your lunch and snacks and dress in comfortable layers. Bring either a mat or a blanket for the floor.



Hector Aristizabal was forced to leave his country of Colombia in 1989 when his commitment to human rights work brought him death threats. With MA degrees in Psychology and Marriage and Family Therapy, Hector is also an accomplished actor and theater director. During the last 15 years his main work and interest has been on the use of Theater of the Oppressed techniques, traditional myths and story telling to combine theater with psychotherapy in the creation of "modern rituals" as a way to address the healing needs of many of our communities. He develops this work mostly with youth at risk as a therapist, as an artist and as a community organizer. Hector works with incarcerated youth inside the California Youth Authority and runs the "Healing Club" with the Program for Torture Victims. He participated in the creation of The Center for the Theater of the Oppressed and Applied Theater Arts of Los Angeles. He has been the recipient of several grants from the Los Angeles Cultural Affairs Department and California Arts Council among others.